

CVB KAZS: Session: 92: COACH evaluation sheet for TEAM: SCWR

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: ANSLOT Laurent

Coaches: Van Sintejan Alexandre HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 202: 400M FREESTYLE MEN 11+ Heat:2, starttime: 16:13

Heat: 2/4 Lane : 4 Athlete: VAN SINTEJAN BASTIEN Q-time: 06:40:94

PB (25m pool): 06:40.94 Meise 02/11/2025 PB (50m pool): no time SB: 06:40.94 Meise 02/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:43.26		01:33.05		no time		03:16.35
		00:43.26		00:49.79				
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:40.94
								

Coach feedback:

Event number: 202: 400M FREESTYLE MEN 11+ Heat:2, starttime: 16:13

Heat: 2/4 Lane : 5 Athlete: GHIO AMAURY Q-time: 06:41:15

PB (25m pool): 06:41.15 Meise 02/11/2025 PB (50m pool): no time SB: 06:41.15 Meise 02/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:42.83		01:33.18		no time		03:16.83
		00:42.83		00:50.35				
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:41.15
								

Coach feedback:

Event number: 203: 100M MEDLEY WOMEN 11+ Heat:5, starttime: 16:43

Heat: 5/7 Lane : 3 Athlete: PINNOCK ANNA Q-time: 01:29:72

PB (25m pool): 01:29.72 Hannuit 29/11/2025 PB (50m pool): no time SB: 01:29.72 Hannuit 29/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:29.72	
		no time			
					

Coach feedback:

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Event number: 203: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 16:45
Heat: 6/7 Lane : 2 Athlete: TOUQUET ELINE					Q-time: 01:22:17
PB (25m pool): 01:22.17 Hannuit 29/11/2025			PB (50m pool): no time SB: 01:22.17 Hannuit 29/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:22.17	
	no time				
					

Coach feedback:

Event number: 203: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 16:45
Heat: 6/7 Lane : 6 Athlete: VAN SINTEJAN MANON					Q-time: 01:21:31
PB (25m pool): 01:21.31 Hannuit 29/11/2025			PB (50m pool): no time SB: 01:21.31 Hannuit 29/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:21.31	
	no time				
					

Coach feedback:

Event number: 207: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 16:54
Heat: 1/3 Lane : 4 Athlete: AERTS LENN					Q-time: 01:36:21
PB (25m pool): 01:36.21 Temse 17/11/2025			PB (50m pool): 01:39.58 SB: 01:36.21 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.07		01:36.21	
	00:45.07		00:51.14		
					

Coach feedback:

Event number: 207: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 16:56
Heat: 2/3 Lane : 2 Athlete: ANSLOT SACHA					Q-time: 01:36:00
PB (25m pool): 01:36.00 Zaventem 08/02/2026			PB (50m pool): 01:39.21 SB: 01:36.00 Zaventem 08/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.56		01:36.00	
	00:45.56		00:50.44		
					

Coach feedback:

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Event number: 207: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 16:56
Heat: 2/3 Lane : 5 Athlete: BUTTARELLI PAOLO					Q-time: 01:26:70
PB (25m pool): 01:26.70 Zaventem 08/02/2026			PB (50m pool): 01:30.52 SB: 01:26.70 Zaventem 08/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.67		01:26.70	
	00:40.67		00:46.03		
					

Coach feedback:

Event number: 207: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 16:56
Heat: 2/3 Lane : 6 Athlete: GRELLIER OSCAR					Q-time: 01:31:32
PB (25m pool): 01:31.32 Leuven 12/10/2025			PB (50m pool): 01:34.19 SB: 01:31.32 Leuven 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.36		01:31.32	
	00:43.36		00:47.96		
					

Coach feedback:

Event number: 208: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 17:01
Heat: 1/2 Lane : 3 Athlete: VAN SINTEJAN MANON					Q-time: 01:12:76
PB (25m pool):			PB (50m pool): 01:19.31 SB: 01:14.01 Zaventem 08/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB					
					

Coach feedback:

Event number: 208: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 17:01
Heat: 1/2 Lane : 4 Athlete: TOUQUET ELINE					Q-time: 01:08:90
PB (25m pool): 01:07.53 Mons 27/10/2024			PB (50m pool): 01:09.47 SB: 01:09.13 Tremelo 18/01/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.89		01:07.53	
	00:32.89		00:34.64		
					

Coach feedback:

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Event number: 210: 50M BACKSTROKE MEN 11+				Heat:1, starttime: 17:26
Heat: 1/3 Lane : 4 Athlete: ANSLOT SACHA				Q-time: 99:99:99
PB (25m pool):		PB (50m pool): no time SB: no time		
	2 5 M	5 0 M		
PB				
				

Coach feedback:

Event number: 210: 50M BACKSTROKE MEN 11+				Heat:3, starttime: 17:29
Heat: 3/3 Lane : 5 Athlete: GRELLIER OSCAR				Q-time: 00:38:56
PB (25m pool): 00:38.56 Tremelo 18/01/2026		PB (50m pool): no time SB: 00:38.56 Tremelo 18/01/2026		
	2 5 M	5 0 M		
PB		00:38.56		
		00:38.56		
				

Coach feedback:

Event number: 215: 100M FREESTYLE MEN 11+					Heat:1, starttime: 17:38
Heat: 1/1 Lane : 5 Athlete: ANSLOT SACHA					Q-time: 01:14:12
PB (25m pool): 01:14.12 Zaventem 08/02/2026			PB (50m pool): 01:16.34 SB: 01:14.12 Zaventem 08/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.32		01:14.12	
		00:35.32		00:38.80	
					

Coach feedback:

Event number: 216: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 17:40
Heat: 1/2 Lane : 3 Athlete: PINNOCK ANNA					Q-time: 01:37:55
PB (25m pool): 01:41.82 Mons 26/10/2025			PB (50m pool): 01:37.55 SB: 01:41.82 Mons 26/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.59		01:41.82	
		00:47.59		00:54.23	
					

Coach feedback:

CVB KAZS: Session: 92: COACH evaluation sheet for TEAM: SCWR

Event number: 216: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 17:43
Heat: 2/2 Lane : 3 Athlete: VAN SINTEJAN MANON					Q-time: 01:26:12
PB (25m pool): 01:26.12 Mons 26/10/2025			PB (50m pool): 01:30.82 SB: 01:26.12 Mons 26/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.43		01:26.12	
	00:40.43		00:45.69		
					

Coach feedback:

Event number: 216: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 17:43
Heat: 2/2 Lane : 7 Athlete: TOUQUET ELINE					Q-time: 01:32:90
PB (25m pool): 01:32.90 Zaventem 08/02/2026			PB (50m pool): 01:38.72 SB: 01:32.90 Zaventem 08/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.13		01:32.90	
	00:44.13		00:48.77		
					

Coach feedback:

Event number: 217: 100M MEDLEY MEN 11+					Heat:2, starttime: 17:47
Heat: 2/5 Lane : 4 Athlete: VAN SINTEJAN BASTIEN					Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 217: 100M MEDLEY MEN 11+					Heat:2, starttime: 17:47
Heat: 2/5 Lane : 6 Athlete: GHIO AMAURY					Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 217: 100M MEDLEY MEN 11+					Heat:3, starttime: 17:50
Heat: 3/5 Lane : 2 Athlete: GRELLIER OSCAR					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 217: 100M MEDLEY MEN 11+					Heat:4, starttime: 17:52
Heat: 4/5 Lane : 3 Athlete: AERTS LENN					Q-time: 01:21:89
PB (25m pool): 01:21.89 Hannuit 29/11/2025 PB (50m pool): no time SB: 01:21.89 Hannuit 29/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:21.89	
	no time				
					

Coach feedback:

Event number: 217: 100M MEDLEY MEN 11+					Heat:4, starttime: 17:52
Heat: 4/5 Lane : 6 Athlete: BUTTARELLI PAOLO					Q-time: 01:23:99
PB (25m pool): 01:23.99 Hannuit 29/11/2025 PB (50m pool): no time SB: 01:23.99 Hannuit 29/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.99	
	no time				
					

Coach feedback: